KINESIOLOGY

Department: Health and Exercise Sciences
Department Chair: Joseph Ratcliff
(213) 763-3730, RatcllJE@lattc.edu

Award Title | Award Type   | Grad. Plan | Required Course Units | Major Elective Units | Total Major Units
---|---|---|---|---|---
Kinesiology | A.A.-T | CSU/IGETC | 20-23 | 20-23 | 20-23

PROGRAM OVERVIEW

The Associate in Arts in Kinesiology for Transfer (AA-T) program is designed to prepare students for CSU transfer to complete a bachelor’s degree in Kinesiology, Exercise Science, Physical Education, pre-Physical Therapy, Athletic Training and other related allied health professions. Interested students may also pursue careers as personal trainers.

Students completing the AA-T in Kinesiology are guaranteed admission to the California State University system, although not necessarily to a particular campus or major of choice. Students should consult with a counselor for more information on university admission and transfer requirements as this AA-T in Kinesiology degree may not be the best option for students intending to transfer to a particular CSU campus or to a college or university that is not part of the CSU system.

The Associate in Arts in Kinesiology for Transfer (AA-T) degree will be awarded upon completion of the following:

- Completion of 60 transferable semester units to the California State University
- Obtainment of a minimum grade point average of 2.0 in all transferable coursework.
- Full completion of one of the following General education patterns
- The Intersegmental General Education Transfer Curriculum (IGETC), with "C"s or better in all coursework AND completion of Area 1C Oral communication (CSU admission requirement)
- California State University General Education – Breadth Requirements (CSU GE). Areas A1, A2, A3, & B4 must be completed with a grade of "C" or better (CSU admission requirement)
- A minimum of 20 semester units required for the major
- All courses in the major must be completed with a grade of "C" or better or a "P" if the course is taken on a "Pass-No Pass" basis (Title 5 § 55063).

NOTE: Up to 6 units may be completed outside of LATTC. However those courses must be C-ID approved for the major on that campus. Check with a counselor or www.ASSIST.org

Program Learning Outcomes:

- Display increasing confidence in the ability to use a range of speaking, listening and collaboration skills.
- Apply fitness concepts to individuals seeking training programs.
- Analyze, evaluate, and respond to requests for individualized fitness programs by weighing research, examining evidence, and critical reasoning.
- Display competence in a variety of sports and activities.

USEFUL LINKS

LATTC Catalog & UCS/IGETC Info
http://college.lattc.edu/catalog/

LATTC Financial Aid Office
http://college.lattc.edu/financialaid/

LATTC Counseling Department
http://college.lattc.edu/counseling/

Kinesiology Department
http://college.lattc.edu/physed/kinesiology/

KINESIOLOGY FOR TRANSFER (AA-T)

Associate in Arts for Transfer Degree
Major Units: 20-23

Requirements for the Associate in Arts degree in Kinesiology for Transfer (AA-T) may be met by completing 20-23 units of coursework with a “C” or better along with general education courses meeting IGETC and CSU Requirements.

REQUIRED CORE (11 UNITS):

<table>
<thead>
<tr>
<th>UNITS</th>
<th>Semester/Yr</th>
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<tbody>
<tr>
<td>KIN MAJ 100 Introduction to Kinesiology</td>
<td>3</td>
</tr>
<tr>
<td>ANATOMY 1 Introduction to Human Anatomy</td>
<td>4</td>
</tr>
<tr>
<td>PHYSIOLOGY 1 Introduction to Human Physiology</td>
<td>4</td>
</tr>
</tbody>
</table>

AND

Movement Based Courses (3 Units). Take a minimum of one unit from any three of the following five categories: Aquatics, Fitness, and Team Sports

AQUATICS

| KIN 300 1 Swimming / Non-Swimmer | 1 |
| KIN 303 1 Aqua Aerobics | 1 |

FITNESS

| KIN 329 1 Body Conditioning | 1 |
| KIN 351 1 Weight Training | 1 |

TEAM SPORTS

| KIN 387 1 Basketball | 1 |

RESTRICTED ELECTIVES. Select courses (minimum 6 units) from the following (6-9 units total units):

<table>
<thead>
<tr>
<th>UNITS</th>
<th>Semester/Yr</th>
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</thead>
<tbody>
<tr>
<td>MATH 225 Introductory Statistics</td>
<td>3</td>
</tr>
<tr>
<td>-or- MATH 227 Statistics (4)</td>
<td></td>
</tr>
<tr>
<td>CHEM 051 Fundamentals of Chemistry I</td>
<td>5</td>
</tr>
<tr>
<td>-or- CHEM 101 General Chemistry I (5)</td>
<td></td>
</tr>
<tr>
<td>PHYSICS 6 General Physics I</td>
<td>4</td>
</tr>
<tr>
<td>KIN MAJ 101 First Aid and CPR</td>
<td>3</td>
</tr>
<tr>
<td>-or- HEALTH 12 Safety Education and First Aid (3)</td>
<td></td>
</tr>
</tbody>
</table>

MAJOR REQUIRED MINIMUM SUBTOTAL

- CSU or IGETC for CSU GE Pattern 37-39 units
- CSU Transferable Elective units (as needed to reach 60 units)
- TOTAL CSU transferrable units 60 units

You can register in these classes by logging on to the Student Information System at http://college.lattc.edu/student/new-students/register-now/

For additional information consult a LATTC college counselor.